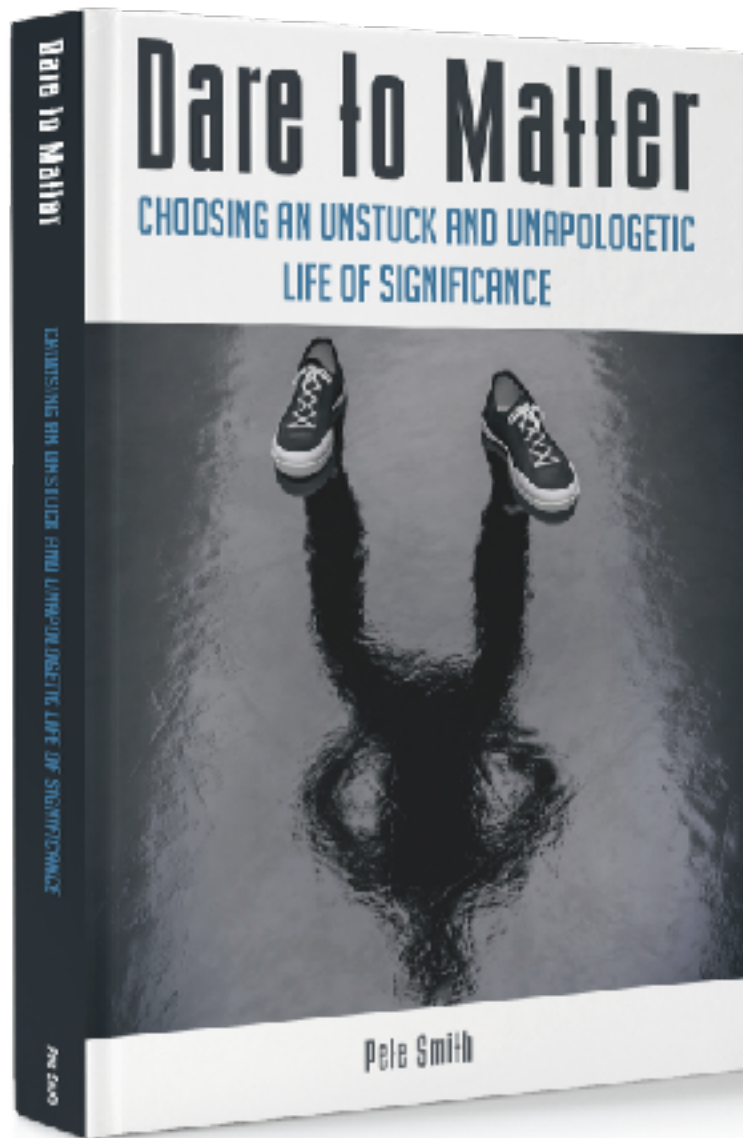


Dare to Matter

Resource Guide



Rooted in Identity

Not This Order:



Focus On This Order Instead:



What's Your Identity?

Describe what it means to be a _____? (Fill in your last name)

How else would you identify yourself? In the space below, write down at least ten ways of identifying yourself. Begin with "I am..."

Examples: I am a father. I am a mother. I am an electrical engineer. I am an athlete. I am a product of a broken home. I am a fighter. I am a survivor. I am a drug addict. I am a Christian. I am a CEO.

My Identities

Your STAND

You don't FIND your purpose; you _____ it.

Questions to consider when choosing your stand:

1. What are you doing in those moments when you lose track of time?
2. What do you bring to the world?
3. How would you like to be remembered?
4. How will you know you mattered?



My stand is _____

Where is your STAND most evident in your life today?

What gaps exist in your personal and professional life as it relates to you living out your STAND?

It's important to choose what you stand for. It's equally as important to choose what you will no longer stand for, primarily within yourself.

I will no longer stand for _____

Poke the Lion

The root cause of most of your fear is this: _____

In the boxes below, identify each of your fears. Then identify how you compensate for that fear. Finally, what do you win and what do you lose by compensating for that fear?

Fear	Compensate	Win/Lose
Disappointing Others	Possibly too accommodating	Win - Good team member Lose - Often overwhelmed

For each fear listed above, answer the two questions below.

1. What are you willing to do on a daily basis to address and overcome this fear?

2. Who will you ask to partner with you to help overcome this fear?

The Circle of Influence - Your Top Five

	Name of Person	Needs They Fill
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____

What gaps do you notice within your top five?

- If you're an entrepreneur, are you spending time with business owners?
- If you want to be a manager, are you being mentored by a manager?
- If you're a mom, have you befriended other moms that can relate to what's going on in your life?

The gaps that I recognize within my top five are: _____

What do you offer to others who list you in their top five? _____

Letting It Go

What's your "rice" that holds you back? _____

How has your "rice" influenced your behavior in your personal and professional life? Using the space below, write down everything about a person or circumstance that continues to bother you. Hold nothing back. This is your chance to voice everything you've ever wanted to say to this person or about this situation.

Feel better? Ok, now answer these questions:

1. Regarding this situation, what can you be responsible for?
2. How long will you give yourself to feel this way before moving on?
3. If the time is right, are you willing to forgive this person, the situation, or even yourself?

Embrace the Crazy

The widest gap in the universe exists between what you _____ and what you _____.

What's your Winning Strategy? _____

In what situations have you placed blame, made excuses, or rationalized your less-than-desirable outcome?

What can you identify as your "ships" in your personal and professional life?

- Personal Ships -

- Professional Ships -

What would it mean to burn the ships?

Moving from the "interest" level to the "investment" level results in an elevated commitment level. It also requires an investment of your time, money, energy, and focus. Where have you stayed at the "dabbler" level too long? What are you choosing to do to advance to the "investment" level?

Not About You

Where are you *giving to* others?

Where are you *giving of* yourself to others?

Money is often a way we can benefit the life of another. Money is also something that can be a huge stressor in life. Because it has the potential to greatly influence our mindset and behavior, it's important to gain some clarity around exactly what you think about it.

Complete these two sentences:

1. Money is _____
2. Money means to me _____

Based on your views of money above, how does that impact your behavior? For example, if you said money means freedom, perhaps you've stayed working in a high paying job that doesn't fulfill you.

Money isn't the only way to benefit the life of someone else. Where/Who can you mentor, train, volunteer, or advise in order to create an impact in this world?